

# Interest Inventory

## Health Education

Rank each major area in order of interest to you - what would I like to learn about this semester, and then pick 10 of the sub area, which also interest you.

- A. \_\_\_ Wellness
  - a. \_\_\_ Decision Making Process
  - b. \_\_\_ Goal setting
  - c. \_\_\_ other
- B. \_\_\_ Physical Fitness
  - a. \_\_\_ other
- C. \_\_\_ Nutrition
  - a. \_\_\_ Managing your weight
  - b. \_\_\_ Vitamins mineral water
  - c. \_\_\_ Becoming an informed consumer
  - d. \_\_\_ other
- D. \_\_\_ Personal health
  - a. \_\_\_ Care of skin
  - b. \_\_\_ Care of hair
  - c. \_\_\_ Oral health
  - d. \_\_\_ other
- E. \_\_\_ Mental Health
  - a. \_\_\_ Mental disorders
  - b. \_\_\_ Stress
  - c. \_\_\_ Suicide prevention
  - d. \_\_\_ Grief
  - e. \_\_\_ other
- F. \_\_\_ Emotional Health
  - a. \_\_\_ Emotional problems
  - b. \_\_\_ Expressing emotion
  - c. \_\_\_ other
- G. \_\_\_ Social Health
  - a. \_\_\_ Communication skills
  - b. \_\_\_ Conflict resolution
  - c. \_\_\_ Family relations
  - d. \_\_\_ Refusal Skills
  - e. \_\_\_ Peer pressure
  - f. \_\_\_ Preventing violence
  - g. \_\_\_ other
- H. \_\_\_ Growth and Development
  - a. \_\_\_ Birth too late
  - b. \_\_\_ Childhood
  - c. \_\_\_ Adolescence
  - d. \_\_\_ Aging
- I. \_\_\_ Medicine and Drugs
  - a. \_\_\_ Tobacco
  - b. \_\_\_ Alcohol
  - c. \_\_\_ Illegal Drugs
  - d. \_\_\_ Recovery
  - e. \_\_\_ Addiction
  - f. \_\_\_ other
- J. \_\_\_ Diseases
  - a. \_\_\_ Infectious Diseases
  - b. \_\_\_ Sexually Transmitted
  - c. \_\_\_ Diseases
  - d. \_\_\_ HIV and AIDS
  - e. \_\_\_ Noninfectious Diseases
  - f. \_\_\_ Cancer
  - g. \_\_\_ other
- K. \_\_\_ Consumer Health
  - a. \_\_\_ Health care
  - b. \_\_\_ Community health
  - c. \_\_\_ Quackery
- L. \_\_\_ Environmental Health
  - a. \_\_\_ Air pollution
  - b. \_\_\_ Water pollution
  - c. \_\_\_ Land uses
- M. \_\_\_ Injury prevention and safety
  - a. \_\_\_ Safety at home
  - b. \_\_\_ Personal Safety
  - c. \_\_\_ Poisons
  - d. \_\_\_ First aid
  - e. \_\_\_ Emergency care
- N. \_\_\_ Body Systems
  - a. \_\_\_ Skeletal System
  - b. \_\_\_ Muscular System
  - c. \_\_\_ Nervous system
  - d. \_\_\_ Respiratory System
  - e. \_\_\_ Circulatory System
  - f. \_\_\_ Digestive System
  - g. \_\_\_ Urinary System
  - h. \_\_\_ Reproductive System
- O. \_\_\_ Careers in the health field
  - a. \_\_\_
  - b. \_\_\_
  - c. \_\_\_

Major

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

Sub or Minor area

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

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10. \_\_\_\_\_