

# 1 – Mental Health Awareness Project

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Hour: \_\_\_\_\_

Answer the following questions:

1. What part of the assignment did you work on today? Why did you work on this part?

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2. How difficult was the part of the assignment you worked on? Why? Why not?

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3. List **3 things** that you learned today.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

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4. What **3 things** could you have done differently today to make your work better during this class?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

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