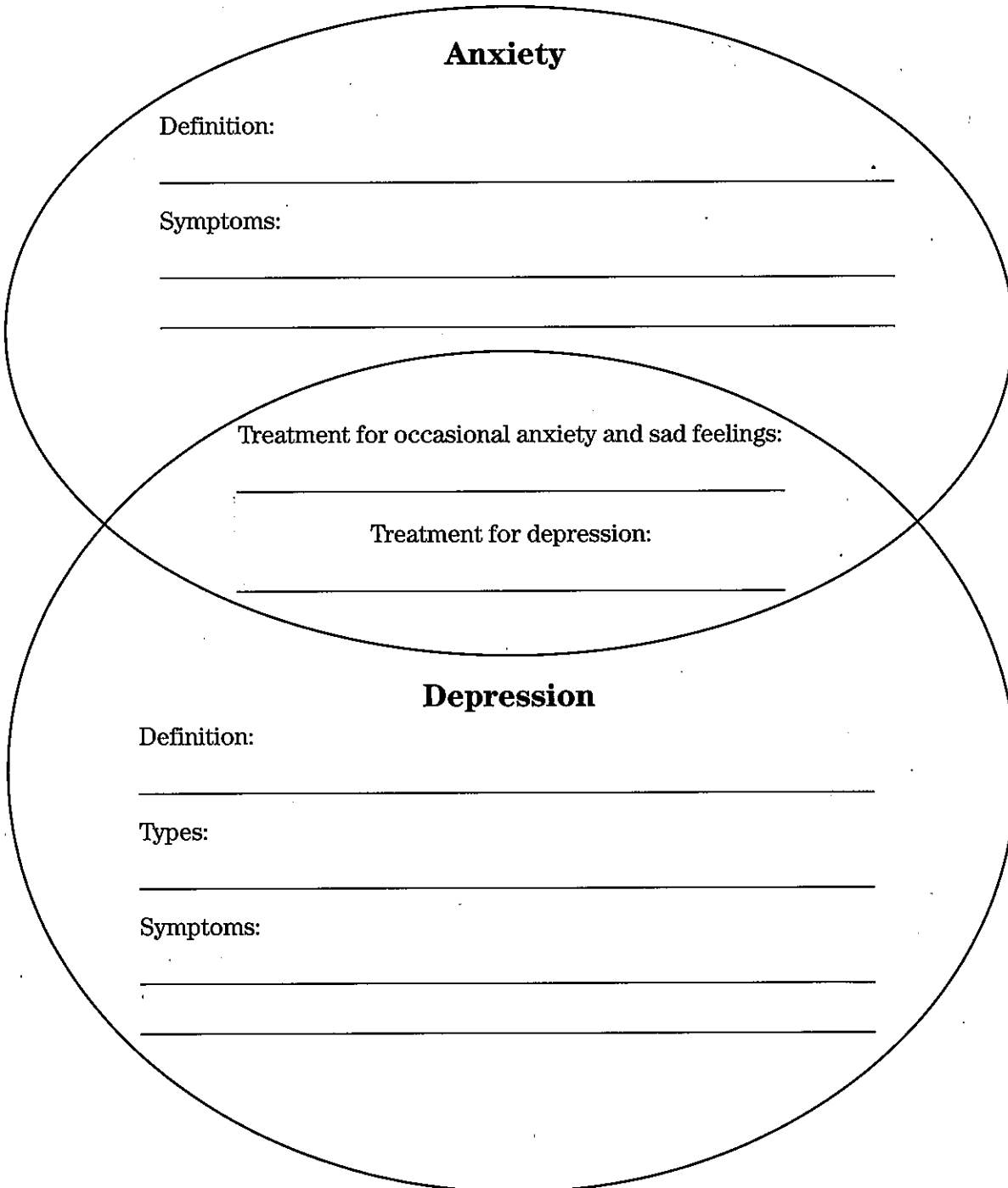


Chapter 5 • Lesson 1 Dealing with Anxiety and Depression

Reteaching Activity

Directions Fill in the Venn diagram below with information from Lesson 1 about anxiety and depression.



Chapter 5 • Lesson 2 Mental Disorders

Reteaching Activity

Directions Fill in the blanks in the table about types of mental disorders, using information from Lesson 2.

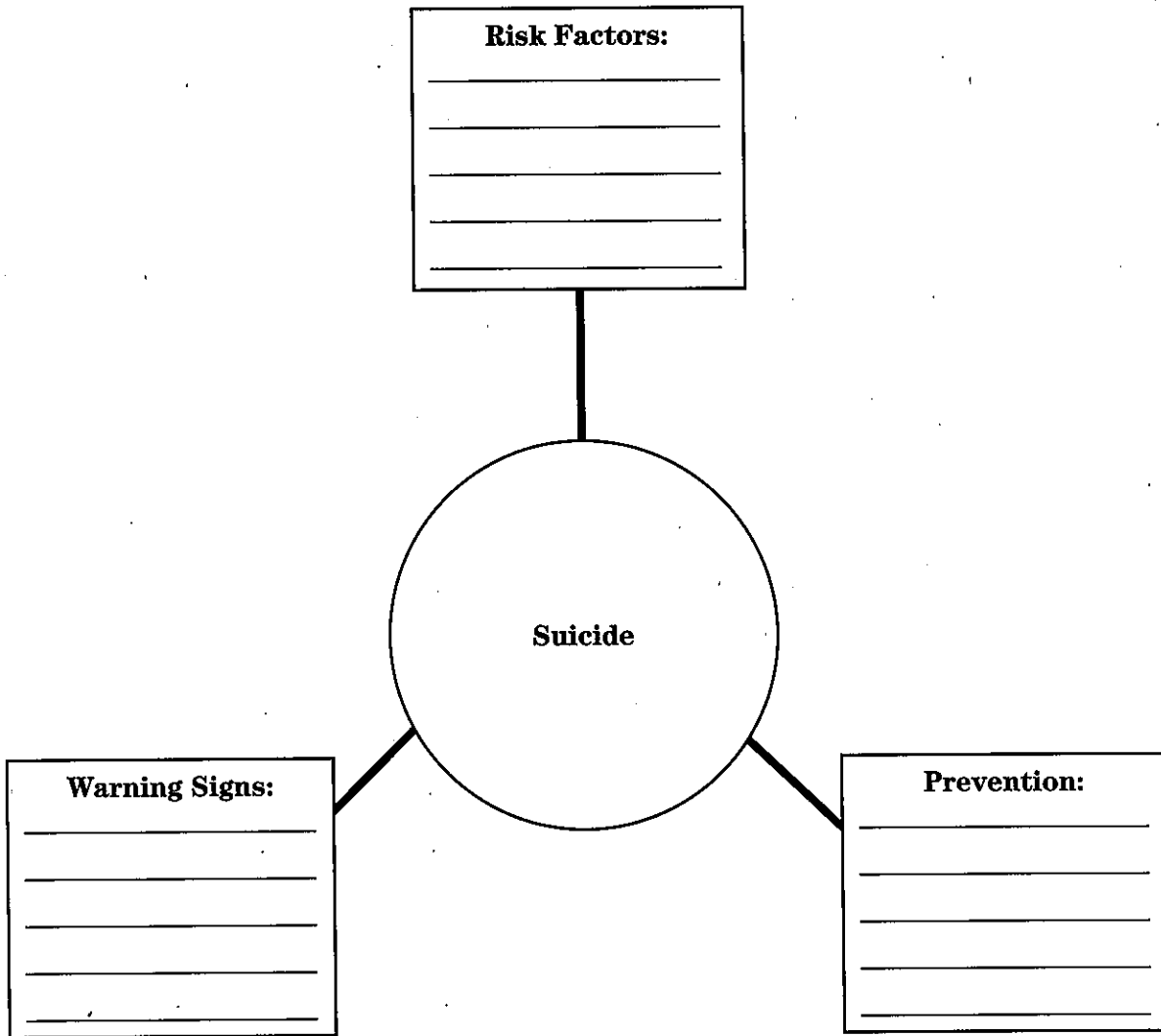
Types of Mental Disorders

Type of Mental Disorder	Definition	Example	Symptom(s) of Example
Anxiety disorders	Conditions in which real or imagined fears are difficult to control	Phobia	Having a strong and irrational fear of something specific, such as high places
1. _____	Conditions in which people cannot resist the impulse to perform harmful actions	Kleptomania	Compulsively stealing worthless, unneeded objects
2. _____	Conditions in which people have abnormal, unhealthful eating patterns	3. _____	Purposely and dangerously limiting food intake
4. _____	Conditions in which extreme moods interfere with everyday living	Bipolar disorder	5. _____ _____
Conduct disorder	6. _____ _____	Aggression	7. _____ _____
Schizophrenia	8. _____ _____	Schizophrenia	Experiencing delusions and hallucinations
9. _____	Conditions in which people have unstable emotions	Dependent personality disorder	10. _____ _____

Chapter 5 • Lesson 3 Suicide Prevention

Reteaching Activity

Directions Fill in the blanks in the diagram about suicide, using information from Lesson 3. Add at least three items under each heading.



Chapter 5 • Lesson 4 Getting Help

Reteaching Activity

I. Directions Complete the lists below about help for mental illness, using information from Lesson 4.

1. Signs that a teen needs help with mental health problems:

Feeling trapped or worrying all the time

2. Facts that help overcome the stumbling blocks to getting help:

Asking for help is a sign of inner strength.

II. Directions Match each type of mental health professional or treatment in the left column with the best description in the right column. Write the letter of your choice in the space provided.

- | | |
|--------------------------------|---|
| _____ 1. counselor | a. physician who specializes in physical disorders of the brain and nervous system |
| _____ 2. school psychologist | b. professional who helps people with personal and educational matters |
| _____ 3. psychiatrist | c. treatment method that helps correct distorted thinking patterns |
| _____ 4. neurologist | d. use of medications to treat or reduce symptoms of a mental disorder |
| _____ 5. clinical psychologist | e. professional who specializes in the assessment of problems of school children |
| _____ 6. psychotherapy | f. treatment process that focuses on changing unwanted behaviors |
| _____ 7. behavior therapy | g. ongoing dialogue between a patient and a mental health professional to get to the cause of a problem |
| _____ 8. cognitive therapy | h. physician who specializes in diagnosing and treating mental disorders |
| _____ 9. group therapy | i. professional who diagnoses and treats emotional and behavior disorders through counseling |
| _____ 10. drug therapy | j. treatment of a group of people who have similar problems and who meet regularly with a counselor |