

Chapter 16

Name: _____ Date: _____ Hour: _____

Your nervous and endocrine system

Read the chapter

On a separate piece of paper, answer the following questions. Staple your answer to this assignment sheet.

- Page 363 questions 1-10 self-inventory

Lesson 1

- Page 371 questions 1-4

Lesson 2

- Page 373 Making responsible decision (use decision making worksheet on the back of this paper)
- Page 376 questions 1-3

Lesson 3

- Page 381 questions 1-3

Chapter Review

- Page 383 self-inventory follow- up part A or B
- Page 384 questions 1-13 and 1-15
- Page 385 questions 1-6

Decision Making Process – D.E.C.I.D.E.

Name: _____ Date: _____ Hour: _____

Decision: _____

1. State the situation – **D**efine the problem

2. List the possible options - **E**xplore the options - what choices can you make – list 3 options

1. _____

2. _____

3. _____

3. Weight the possible outcomes - **C**onsider the consequences of each option – choose 1 option

List a positive and negative outcome of the option you chose.

Positive: _____

Negative: _____

4. Consider your values - **I**dentify your values

5. Make a **D**ecision and act

6. Evaluate your decision – **E**valuate the results
